

**26th SSSC-LAWA-MSSM U14 & U15
INTERNATIONAL ATHLETICS CHAMPIONSHIP
11th & 12TH JULY 2018, SINGAPORE**

NOTICE TO COMPETITORS

- 1 **THE COMPETITION IS BEING HELD UNDER IAAF RULES.**
- 2 **THE COMPETITION SHALL BE RUN IN THE FOLLOWING DIVISIONS:**
 - a) Under 14 Boys (Born Between 1.10.2003 and 30.9.2005)
 - b) Under 14 Girls (Born Between 1.10.2003 and 30.9.2005)
 - c) Under 15 Boys (Born Between 1.10.2002 and 30.9.2003)
 - d) Under 15 Girls (Born Between 1.10.2002 and 30.9.2003)
3. **NUMBER OF COMPETITORS ALLOWED AS FOLLOWS:-**
 - 3.1
 - a) Australia - 2 competitors each event
 - b) Singapore - 2 competitors each event
 - c) Malaysia - 2 competitors each event
 - 3.2 For events 800m, 1500m, 1500m walk if there is a request for more participation from any country, the request can be considered.
4. The competition shall be held at **CHIJ St Nicholas Girls School** situated at 501 Ang Mo Kio Street 13. Singapore 569405.
5. **The competition shall be held on 11 and 12 July 2018.**
 - a) Wednesday, 11 July 2018 commencing at 1430 hrs
 - b) Thursday, 12 July 2018 commencing at 1430 hrs
- 6 **COMPETITOR'S NUMBER AND ATTIRE**
 - 6.1 Every competitor shall be provided with two plastic tags bearing the same number, which must be displayed, visibly on the chest and back of the competitor. Each number must be pinned securely at each of the four corners. The number worn must correspond with the competitor's number in the programme.

7 TRACK EVENTS:

- 7.1 All lane draws of track events and the participation order in the field events shall be drawn by the competition sub-committee.
- 7.2 Only spike nails not longer than 6mm are allowed for track event.
- 7.3 Crouch starts are compulsory in all lane events. The use of starting blocks is not compulsory. The Organising Committee will provide starting blocks if required.

7.4 HURDLES:

Category	U-14	U-15	U-14	U-15	U-14	U-15	U-14	U-15
	Girls	Girls	Boys	Boys	Girls	Girls	Boys	Boys
Distance	80 m	100 m	100 m	100 m	200 m	200 m	200 m	200 m
No. of hurdles	8	10	10	10	5	5	5	5
Hurdle height	0.762m	0.762m	0.762m	0.762m	0.762m	0.762m	0.762m	0.762m
Distance from Start to First hurdle	12m	13m	13m	13m	20m	20m	20m	20m
Distance Between hurdles	8m	8.5m	8.5m	8.5m	35m	35m	35m	35m
Distance from last hurdle to finish line	12m	10.5m	10.5m	10.5m	40m	40m	40m	40m

8 FIELD EVENTS

- 8.1 IN ORDER TO AVOID ACCIDENTS, ALL IMPLEMENTS MUST BE THROWN DURING PRACTICE/COMPETITION ONLY FROM THE CIRCLES OR SCRATCH LINES, AND MUST BE RETURNED BY HAND AND NOT THROWN BACK TO THE STARTING AREA. The Referee or other authorised official shall disqualify from competing any athlete who wilfully go against the above instruction.
- 8.2 Competitors must use the equipment provided. The weights of the implements shall be as laid down in the equipment specifications of the above competition.

- 8.3 Competitors shall take their trials in the order in which their names are printed in the program, unless the Referee decides to alter that order.
- 8.4 A competitor may not hold over any of his trials to a subsequent round except in the High Jump event.
- 8.5 If for any reason, a competitor is hampered in a trial in a field event, the Referee or Chief Field Judge shall have the power to award him/her a substitute trial.
- 8.6 If a competitor is entered in both a track event and a field event, or in more than one field event taking place simultaneously, the judge may allow the competitor to take his trials in an order different from that decided upon prior to the start of the competition. **THE COMPETITOR CANNOT DEMAND TO TAKE ALL HIS TRIALS** of the rounds in which he has failed to appear.
- 8.7 Subject to the proviso in paragraph (8.6) above, if a competitor misses his/her turn in a field event, he/she shall not be permitted to take the trial so missed.
- 8.8 In the competition proper except High Jump, each competitor shall be allowed 3 trials. The best 8 competitors shall be allowed another 3 trials. All 6 trials shall count for final placing.

8.9 Starting heights for High Jump:

	Under 14 Girls	Under 15 Girls	Under 14 Boys	Under 15 Boys
Starting Height	1.30m	1.30m	1.40m	1.40m

(The height increase thereafter shall be decided by the judges)

8.10 Take Off Marks & Weight Implements

Events	Under 14 Girls	Under 15 Girls	Under 14 Boys	Under 15 Boys
Triple Jump	8m & 9m	8m & 9m	10m & 11m	10m & 11m
Shot Put	3.00 Kg	3.00 Kg	4.00 Kg	4.00Kg
Discus	1.00 Kg	1.00 Kg	1.00 Kg	1.00 Kg
Javelin	500gm	500gm	600gm	600gm

9 ARENA

- 9.1 Only officials on duty and competitors actually competing shall be allowed on the track. After the events they shall retire from the Track.
- 9.2 Warming-up shall only be done at the stadium concourse.

10 PROCEDURE ON REPORTING TO THE COMPETITOR STEWARDS:

- 10.1 As far as possible all events will commence as scheduled. It may sometimes be necessary to run off an event ahead of or behind schedule. In all such cases, announcements to this effect will be made over the Stadium's main public address system.
- 10.2 All competitors whose events are due must report to the Competitor Stewards **30 minutes for field events and 20 minutes for track events before the scheduled start of each event, and WAIT TO BE USHERED INTO THE COMPETING ARENA.**
- 10.3 No competitor is allowed to report direct to the Start or Field Event Pit.

11 PRIZE GIVING

- 11.1 Prize winners are requested to be appropriately attired for prize presentation.

12 PROTEST

- 12.1 Any protest or objection by a competitor or team against the conduct, eligibility or placing of another competitor or team in any event, shall be made to the Referee/Manager within 30 minutes after the announcement of the results by the Team Manager concerned. No other person shall lodge a protest. Such protests shall be resolved by the Referee immediately and his decision shall be final.

13 TEAM MANAGERS MEETING

A team managers' meeting will be held as below:

Date : Tuesday, 10th July 2018

Time : 14.00hrs

Place : CHIJ St Nicholas Girls School (501 Ang Mo Kio Street 13)

14 **All Entry Form and team officials list shall reach:**

Secretariat

26th SSSC – LAWA – MSSM U14 & U15

International Athletics Championship

SINGAPORE SPORTS SCHOOL

1 CHAMPIONS WAY

SINGAPORE 737913

(Attn: Jenny Lim)

Fax No : +65 67662100

Phone No : +65 96970292

e-mail : jennylimtk@sportsschool.edu.sg

Not Later than Friday, 15 June 2018